



Jesus Feeds the Five Thousands

Then Andrew spoke up, "There's a young boy here with five barley loaves and two fish."

...Then Jesus took the loaves, gave thanks to God, and passed them out to the people.

Afterward he did the same with the fish. And they all ate until they were full. *John 6: 8-12*

*Design by Brenda Mallaburn
Photos by Brenda Mallaburn & Kathy Fitts*

DEDICATION

To our children Joshua, Kiersten, Erika and Andrea.

Thank you for sharing your lives and your love for Jesus with us and with those around you, In so doing, you taught us invaluable truths about the love of God, and His commitment to us as a family, and to families worldwide.

With admiration and gratitude,

Dad and Mom

FOREWORD

When our children were ages 10,8,4 and 1, we recognized that the elementary years were of strategic importance in the development of family values and growth in the foundations of Christian faith.

Deuteronomy 6:5-7 has a special significance for families: "And you shall love the Lord your God with all your heart and with all your soul and with all your might. And these words which I am commanding you today shall be on your heart; and you shall teach them diligently to your sons and talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise up."

We asked the Lord to show us some practical ways to bring these principles into the fabric of our daily lives, and felt He gave us the simple concept described in this devotional. Like the story of the boy who shared his lunch of five loaves and two fish, we are to bring what is in our hands - "our lunch" - those foundational principles of life in Christ that have been passed down to us from our parents, and which we, in turn, are to share with our children.

His promise is that He will bless and multiply what we bring Him, feeding those who also want to grow closer within our own family, and then to share that love with others beyond the walls of our home. I hope through this devotional your time together as a family, will be enriched, like ours.

Carol Kauffman

FAMILY MENU

5 Loaves & 2 Fish



Spiritual Food For The Family

**Kings Kids
International (KKI)**



A ministry of Youth With A Mission

A Healthy Start To Your Day

Appetizer

Start with an open heart... this is motivated by love for one another. God will faithfully take what you have and multiply it, to spiritually feed each other and many others through you.



MONDAY - Worship

Every Monday have a different member of the family lead the others in worship in a way that is most meaningful to them.

Side Dish

- * Walk together appreciating God's amazing creation.
- * Write a poem, or song of worship.
- * Listen to worship music and sing praise songs.
- * Spend time admiring a drawing, photo or painting.
- * Read a Psalm of praise.
- * Affirm one another.
- * Create a family worship wall. *(Tape paper to the wall, then draw, write, or paint your worship to the Lord).*
- * Bake something together.



TUESDAY - God's Word

Each Tuesday, give a family members the opportunity to share part of the Bible that has been meaningful to their friendship with Jesus.

Side Dish

- * Read the same passage from different versions of the Bible.
- * Use a special verse for the week's family verse.
- * Make up a song from the scriptures.
- * Memorize scripture as a family.
- * Act out scripture.
- * Discuss the scripture.



WEDNESDAY - Hospitality

On Wednesday evenings, take a turn inviting friends for dinner or dessert. This gives everyone a chance to encourage meaningful friendships and show support for one another.

Side Dish

- * Work together to prepare for your guests (practically and socially).
- * Give each family member a specific job like setting the table, greeting at the door, or helping with the food.
- * Take friends out for ice cream.
- * Make a welcome card for your friends.
- * Pray for them ahead of time.
- * Purposely build friendship with one another's friends.



THURSDAY - Prayer

Every Thursday, take time to talk to God about the joy and concerns of the week. Again, rotate the privilege of leading this time, regardless of your children's age.

Side Dish

- * Chart or journal prayer requests, and record God's answers.
- * Have a map or globe handy and ask for direction about what country to pray for.
- * With older children and teens, you may want to share local, national or international news, and ask for direction on how to pray.
- * Think of needs in your church, neighborhood, or town. Ask God how to pray for these needs.
- * Go on a prayer walk in your neighborhood, or town. to the city hall, schools, your church, or any other place God shows you.



FRIDAY - Generosity

On Friday, let one family member lead the others in asking Jesus for ways to show generosity to people around you.

Side Dish

- * Have a petty cash budget to give those in need that week.
- * Prepare a gift or card to go with your gift.
- * Help a neighbor with yard work or other chores.
- * Bring a meal to someone who is sick, or visit someone who is lonely.
- * Use your God given gifts and talents to bless others.



SATURDAY - Work and Fun

Working together with a common goal is one of the best ways to bond together and to recognize the need for one another. Work should always be balanced with fun and relaxation, so be sure to enjoy both on Saturday.

Side Dish

- * Clean the house together, wash the car, or do yard work.
- * Bless someone else by doing their chores.
- * Go for a hike.
- * Watch a movie.
- * Go for a bike ride.
- * Play a board game.
- * Go off and just have fun together.



SUNDAY - Day of Rest (Be Blessed!)

Sunday is a special day for families to remember... this is the day God asked us to set aside to honor Him. On Sunday, make sure you take time to worship together in Church, to rest, and to plan for the coming week.

Side Dish

- * Go to Church or have your own worship service at home.
- * Read a novel together.
- * Have quiet time.
- * Take a nap.
- * Call or write grandparents and other relatives and friends.
- * Have a special meal.
- * Plan next week's schedule and who will lead which activity.
- * Make arrangements for who will be coming on Wednesday.

Kids Meal

- Monday - Worship with play dough.
- Tuesday - Share the Word and act it out.
- Wednesday - Learn the art of greeting guests.
- Thursday - Make Prayer balloons with scriptures inside.
- Friday - Open your heart to give and show generosity.
- Saturday - Discover how to work and have fun.
- Sunday - Relax and learn how to rest.

